**Weobley & Staunton on Wye Surgeries**

**Pride In Practice**

**Signposting to Additional Support**

**November 2019**

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**CANCER**

**Breast Cancer Care UK**

[Lesbian and bisexual women and breast cancer](https://www.breastcancercare.org.uk/sites/default/files/files/lesbian_and_bisexual_women_and_breast_cancer_report.pdf)

**Cancer Research**

[Anal Cancer Statistics](http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/anal-cancer%23heading-Three)

[Breast Cancer Statistics](http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/breast-cancer/incidence-invasive#heading-Zero)

**Gynae Health UK**

[www.gynaehealthuk.com](file:///\\lgbt-server\LGF%20Shared\3.%20Promoting%20Equality\Pride%20in%20Practice\Compendium%202018%20Draft\www.gynaehealthuk.com) – home testing kits for cervical screening

**Jo’s Trust (Cervical)**

[www.jostrust.org.uk](http://www.jostrust.org.uk)

**NHS**

[Anal Cancer](https://www.nhs.uk/conditions/anal-cancer/)

[Breast Cancer](https://www.nhs.uk/conditions/breast-cancer/)

[Cervical Cancer](https://www.nhs.uk/conditions/cervical-cancer/)

[Cervical Screening - Helping You Decide (multiple languages)](https://www.gov.uk/government/publications/cervical-screening-description-in-brief)

[Prostate cancer](https://www.nhs.uk/conditions/prostate-cancer/)

**Prostate Cancer UK**  
[Prostate Facts for Gay and Bisexual Men](https://prostatecanceruk.org/media/2492023/prostate-facts-for-gay-and-bisexual-men-ifm.pdf)

[Can trans women get prostate cancer](https://prostatecanceruk.org/prostate-information/are-you-at-risk/trans-women-and-prostate-cancer)?

[Are you at risk?](https://prostatecanceruk.org/prostate-information/are-you-at-risk/trans-women-and-prostate-cancer)

[What is my risk?](https://prostatecanceruk.org/prostate-information/are-you-at-risk/infographic-what-is-my-risk)

**Useful Articles for Healthcare Professionals**

[Macmillan - The Emerging Picture; LGBT People with Cancer](https://www.macmillan.org.uk/_images/lgbt-people-with-cancer_tcm9-282785.pdf)

[Macmillan - Supporting LGBT people with cancer](https://www.macmillan.org.uk/_images/supporting-lgbt-people-with-cancer_tcm9-300546.pdf)

[Exploring the needs of gay and bisexual men dealing with prostate cancer](https://prostatecanceruk.org/media/1798529/gay_and_bisexual_men_dealing_with_pc_report.pdf)

[Cancer and the LGBT community](https://cancer-network.org/cancer-information/cancer-and-the-lgbt-community/)

[Understanding Transgender Men’s Experiences with and Preferences for cervical cancer screening: A Rapid Assessment Survey](https://www.liebertpub.com/doi/10.1089/lgbt.2016.0143)

**DEMENTIA**

**Alzheimer’s Society**

[LGBT: Living with Dementia](https://www.alzheimers.org.uk/info/20029/daily_living/1190/lgbt_living_with_dementia/6)

[Supporting an LGBT person with Dementia](https://www.alzheimers.org.uk/info/20046/help_with_dementia_care/38/supporting_gay_lesbian_and_bisexual_people_with_dementia)

**National Care Forum**

[Dementia Care and LGBT Communities](http://www.nationalcareforum.org.uk/documentLibraryDownload.asp?documentID=1228)

[Foundations for the future: Dementia Care and LGBT Communities](https://www.dignityincare.org.uk/_assets/Newsletter/2017/May/Foundations_for_the_future.pdf)

**Dementia Statistics**

[Different Types of Dementia](https://www.dementiastatistics.org/statistics/different-types-of-dementia/)

**Over the Rainbow**

[LGBT People and Dementia Project Summary Report](http://dementiavoices.org.uk/wp-content/uploads/2015/03/Over-the-Rainbow-LGBTDementia-Report.pdf)

**Useful Articles for Healthcare Professionals**

[Dignity in Care](https://www.dignityincare.org.uk/_assets/Newsletter/2017/May/Foundations_for_the_future.pdf)

[Dementia and the LGBT population](https://www.dementiaaction.org.uk/news/19643_dementia_and_the_lesbian_gay_bisexual_and_trans_lgbt_population)

Dementia Caused by Chronic Drug Addiction

**DOMESTIC ABUSE**

**Broken Rainbow Helpline**

0300 999 5428 | <https://www.brokenrainbow.org.uk/help/helpline/>

**Galop/National LGBT Domestic Abuse Helpline**

0800 999 5428 | [www.galop.org.uk/domesticabuse](http://www.galop.org.uk/domesticabuse/)

**LGBT Foundation**

0345 3 30 30 30 | [lgbt.foundation/dasupport](http://lgbt.foundation/dasupport) | [dasupport@lgbt.foundation](mailto:dasupport@lgbt.foundation)

**Men’s Advice Line**  
0808 801 0327 | [www.mensadviceline.org.uk](http://www.mensadviceline.org.uk/)

**National Domestic Violence Helpline**  
0808 200 0247 | [www.nationaldomesticviolencehelpline.org.uk](http://www.nationaldomesticviolencehelpline.org.uk/)

**Useful Articles for Healthcare Professionals**

[What is domestic abuse?](http://lgbtdap.org.uk/)

Myths [and](http://www.galop.org.uk/wp-content/uploads/For-Service-Providers-Myths.pdf) stereotypes about violence and abuse in same-sex relationships

[Domestic violence and abuse and the LGBT communities](http://www.galop.org.uk/wp-content/uploads/Domestic-Violence-and-Abuse-and-the-LGBT-communities.pdf)

[Domestic abuse under the law](https://www.stonewall.org.uk/help-advice/criminal-law/domestic-violence)

[Transgender People’s experiences of Domestic Abuse](https://www.scottishtrans.org/wp-content/uploads/2013/03/trans_domestic_abuse.pdf)

**END OF LIFE CARE**

**Marie Curie**

[Hiding who I am - the reality of end of life care for LGBT people](https://www.mariecurie.org.uk/globalassets/media/documents/policy/policy-publications/june-2016/reality-end-of-life-care-lgbt-people.pdf)

**MacMillan**

[NHS National End of Life Care Programme](https://www.macmillan.org.uk/documents/aboutus/health_professionals/endoflifecare-lgbtroutetosuccess.pdf)

**The National Council for Palliative Care**

[The National Council for Palliative Care - LGBT](http://www.ncpc.org.uk/lgbt)

**Useful Articles for Healthcare Professionals**

[CQC May 2016 Report](https://www.cqc.org.uk/sites/default/files/20160505%20CQC_EOLC_OVERVIEW_FINAL_3.pdf)

[Working with older lesbian, gay and bisexual people: A Guide for Care and Support Services](https://www.stonewall.org.uk/sites/default/files/older_people_final_lo_res.pdf)

**FAMILY & FERTILITY**

**NHS**

[LGBT Paths to Parenthood](https://www.nhs.uk/live-well/healthy-body/gay-health-having-children/)

**Human Fertilisation and Embryology Authority**

[Fertility Preservation for trans and non-binary people](https://www.hfea.gov.uk/treatments/fertility-preservation/information-for-trans-and-non-binary-people-seeking-fertility-treatment/)

**Gov.uk**

[Surrogacy and Legal Services](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/684275/surrogacy-guidance-for-intended-parents-and-surrogates.pdf)

[Surrogacy Guidance for Healthcare Professionals](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/684259/surrogacy-guidance-for-healthcare-professionals.pdf)

**Stonewall**

[LGBT Parenting Rights](https://www.stonewall.org.uk/help-advice/parenting-rights)

[Pregnant Pause (guide for lesbians on how to get pregnant)](https://www.stonewall.org.uk/sites/default/files/pregnant_pause_with_cover_2.pdf)

[A Guide for Gay Dads](http://www.stonewall.org.uk/sites/default/files/A_Guide_for_Gay_Dads__1_.pdf)

**The Proud Trust**

[www.theproudtrust.org](http://www.theproudtrust.org) – A Manchester based organisation providing support groups for younger trans people. Their website also contains resources and information that may be helpful for services.

**Surrogacy UK**

[www.surrogacyuk.org](https://surrogacyuk.org/) – Resources and guidance for professionals, intended parents and surrogates

**New Family Social**

[www.newfamilysocial.org.uk](http://www.newfamilysocial.org.uk/) – Simple information and research regarding adoption and fostering options for prospective LGBT parents

**Proud 2 B Parents**

[www.proud2bparents.co.uk](http://www.proud2bparents.co.uk/) – legal advice, parenting/support groups, parenting options etc. The resources page has a plethora of signposting links for potential parents and professionals

**FFLAG**

[www.fflag.org.uk](https://www.fflag.org.uk/) – A national voluntary organisation and charity dedicated to supporting parents and their lesbian, gay, bisexual and trans children

**Pride Angel**

[www.prideangel.com](http://www.prideangel.com) – Helps prospective parents find their own private donor or co-parent. In addition to providing fertility support, health screening and legal advice

**We are Family**

[www.wearefamilymagazine.co.uk](http://www.wearefamilymagazine.co.uk/) – A magazine dedicated to LGBT families, families-to-be and families with LGBT members

**Three Circles Fostering**

[www.threecirclesfostering.com/resources](https://www.threecirclesfostering.com/resources/) *–* Information for LGBT fostering and trans youth in foster care

**Gay Families in the Making**

[www.gayfamiliesinthemaking.wordpress.com](https://gayfamiliesinthemaking.wordpress.com/our-next-meeting/about/making-lgbt-families/lgbt-parenting-links/) – blog with a variety of further signposting links

**Mermaids**

[www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk) – Support for young trans people and their parents, specifically around gender issues

**Useful Articles for Healthcare Professionals**

[Beyond Babies and Breast Cancer](https://s3-eu-west-1.amazonaws.com/lgbt-media/Files/4d02f34a-74f5-47da-b11a-b78f57b6ee2c/Beyond%20Babies%20and%20Breast%20Cancer.pdf)

**HIV**

**LGBT Foundation**

[lgbt.foundation/hiv](file:///C:\Users\clare.marshall\Documents\lgbt.foundation\hiv) | [lgbt.foundation/hiv/living-with-hiv](https://lgbt.foundation/hiv/living-with-hiv)

[lgbt.foundation/prep](file:///C:\Users\clare.marshall\Documents\lgbt.foundation\prep) | [lgbt.foundation/pep](file:///C:\Users\clare.marshall\Documents\lgbt.foundation\pep)

**AIDS Map**

[Protective measures](http://www.aidsmap.com/Protective-measures/page/1320691/)

[Post-exposure prophylaxis (PEP)](http://www.aidsmap.com/Post-exposure-prophylaxis/page/1322678/)

**George House Trust**  
0161 274 4499 | [www.ght.org.uk](http://www.ght.org.uk)

**Prepster**

[prepster.info](https://prepster.info/)

**HIV Home Testing Kits**

[test.hiv](https://www.test.hiv/)

**Prevention Access Campaigns – Undetectable=Untransmittable**

[www.preventionaccess.org/resources](https://www.preventionaccess.org/resources)

**Terrence Higgins Trust**  
0808 802 1221 | [www.tht.org.uk](http://www.tht.org.uk)

**Useful Articles for Healthcare Professionals**

[Transgender people, HIV and AIDS](https://www.avert.org/professionals/hiv-social-issues/key-affected-populations/transgender#footnote38_0s8dxw3)

[HIV and AIDS in the United Kingdom (UK)](https://www.avert.org/professionals/hiv-around-world/western-central-europe-north-america/uk)

[Managing HIV-positive individuals in Primary Care](https://patient.info/doctor/managing-hiv-positive-individuals-in-primary-care#nav-2)

[British HIV Association (BHIVA) 2018 Standards of Care](http://www.bhiva.org/guidelines.aspx)

[British HIV Association (BHIVA) current guidelines](http://www.bhiva.org/guidelines.aspx)

[National Institute for Health and Care Excellence (NICE) 2016/17 Guidance](https://www.nice.org.uk/guidance/ng60)

[National Institute for Health and Care Excellence (NICE) Encouraging HIV Testing](https://www.nice.org.uk/guidance/qs157/resources)

**MENTAL HEALTH**

**LGBT Foundation**

[0345](mailto:0345) 3 30 30 30 | [therapy@lgbt.foundation](mailto:therapy@lgbt.foundation) | [helpline@lgbt.foundation](mailto:helpline@lgbt.foundation)

**Mind**  
[Guides to Support](https://www.mind.org.uk/information-support/guides-to-support-and-services/lgbtq-mental-health/#.WpLeixPFIUs)

**Mind Out**

[www.mindout.org.uk](http://www.mindout.org.uk)

**NHS England**  
[Mental Health Issues for LGB People](https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-issues-if-you-are-gay-lesbian-or-bisexual/)

**Useful Articles for Healthcare Professionals**

[Mental health issues if you’re gay, lesbian or bisexual](https://www.nhs.uk/Livewell/LGBhealth/Pages/Mentalhealth.aspx)

[RaRE LGBT Mental Health Report](http://www.queerfutures.co.uk/wp-content/uploads/2015/04/RARE_Research_Report_PACE_2015.pdf)

[London Assembly LGBT+ Mental Health Report](https://www.london.gov.uk/sites/default/files/lgbtreportfinal.pdf)

[Dual diagnosis toolkit – Mental health and substance misuse](http://www.turning-point.co.uk/media/1103612/dualdiagnosistoolkit.pdf)

[LGBT Suicide Prevention Toolkit](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/412427/LGB_Suicide_Prevention_Toolkit_FINAL.pdf)

[Mental health challenges within the LGBT community](https://publichealthmatters.blog.gov.uk/2017/07/06/mental-health-challenges-within-the-lgbt-community/)

[LGBT inclusive mental health services; A guide for health and social care providers](http://www.lgbthealth.org.uk/wp-content/uploads/2017/04/LGBT-Inclusive-Mental-Health-Services-MWC-LGBT-Health-April-2017.pdf)

[Mental health in the LGBT community](http://shawmindfoundation.org/wp-content/uploads/2016/04/Shaw-Mind-LGBT.pdf)

**SEXUAL HEALTH**

**LGBT Foundation**

[0345](mailto:0345) 3 30 30 30 | [lgbt.foundation/sexualhealth](file:///C:\Users\clare.marshall\Documents\lgbt.foundation\sexualhealth) | [sexualhealth@lgbt.foundation](mailto:sexualhealth@lgbt.foundation)

**CliniQ**

[Cruising: A trans guy's guide to the gay sex scene](https://cliniq.org.uk/wp-content/uploads/2017/12/CliniQ-TransGuys-landscape-ONLINE.pdf)

**Terrence Higgins Trust (THT)**

[Trans Women Sexual Health](http://www.tht.org.uk/sexual-health/Sex,-reproduction-and-gender/Trans-women/Sex)

[Trans Men Sexual Health](http://www.tht.org.uk/sexual-health/Sex,-reproduction-and-gender/Trans-men/Sex)

**Passionate about Sexual Health (PASH)**

[www.gmpash.org.uk](http://www.gmpash.org.uk) – Information on STIs, contraception and abortion – Manchester specific

**NHS**

[Sexual health for gay and bisexual men](https://www.nhs.uk/Livewell/LGBhealth/Pages/Sexualhealthgaymen.aspx)

[Are sex toys safe?](https://www.nhs.uk/chq/pages/1690.aspx?categoryid=118&subcategoryid=122)

[Lesbian and Bisexual Women's Health](https://www.nhs.uk/Livewell/LGBhealth/Pages/lesbianhealth.aspx)

[Can you have sex during a period](https://www.nhs.uk/chq/Pages/3051.aspx?CategoryID=118&SubCategoryID=121)

**Lesbian STD**

[www.lesbianstd.com](http://www.lesbianstd.com/) – Sexual health information that specifically affect women having vaginal sex

**LGBT centre for health and Wellbeing**

[Information for lesbian & bisexual women on cervical screening](http://www.lgbthealth.org.uk/wp-content/uploads/2014/08/smear_leaflet.pdf)

**Oxford Vaccine Group**

[Human Papillomavirus (HPV)](http://vk.ovg.ox.ac.uk/hpv)

**Useful Articles for Healthcare Professionals**

[Sexually transmitted infections of the anus and rectum](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4223259/)

[Sexually transmitted Infections and Chlamydia Screening in England](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/617025/Health_Protection_Report_STIs_NCSP_2017.pdf)

[Promoting the health and wellbeing of gay, bisexual and other men who have sex with men](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/339041/MSM_Initial_Findings__GW2014194.pdf)

[A Study of LGB Women's Attitudes to Cervical Screening](http://usir.salford.ac.uk/16596/5/LGF_Final_Report3.pdf)

**SUBSTANCE USE**

**LGBT Foundation**

[0345](mailto:0345) 3 30 30 30 | [lgbt.foundation/substancemisuse](http://www.lgbt.foundation/substancemisuse)

**The Northern Sexual Health**

[Chemsex Support](http://www.thenorthernsexualhealth.co.uk/Chemsex-Support)

**Dean Street**

[ChemSex: A published, working definition](http://dean.st/wp-content/uploads/sites/11/2016/04/ChemSex-data-56-Dean-Street-2014-1.pdf)

**Terrence Higgins Trust**

[Friday/Monday](https://www.fridaymonday.org.uk/taking-drugs/safer-use/) – Information about chemsex, risks, safety and sources for support

**GMFA**

<https://www.gmfa.org.uk/Pages/Category/safer-chems> – Advice on having chemsex safely

**Public Health England**

[Substance misuse services for men who have sex with men involved in chemsex](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/669676/Substance_misuse_services_for_men_who_have_sex_with_men_involved_in_chemsex.pdf)

**Useful Articles for Healthcare Professionals**

[Proud2BSmokefree Report](https://issuu.com/lgbtcancersupportalliance/docs/proud2bsmokefree_final_pdf_for_onli)

[Improving health equality for gay, bisexual and other MSM – why now and how?](https://publichealthmatters.blog.gov.uk/2015/02/04/improving-health-equality-for-gay-bisexual-and-other-msm-why-now-and-how/)

[PHE action plan tackles health inequalities for men who have sex with men](https://www.gov.uk/government/news/phe-action-plan-tackles-health-inequalities-for-men-who-have-sex-with-men)

[Tobacco use in LGBT communities](https://truthinitiative.org/news/tobacco-social-justice-issue-smoking-and-lgbt-communities)

[Part of the picture: Lesbian, gay and bisexual people’s alcohol and drug use in England](https://s3-eu-west-1.amazonaws.com/lgbt-media/Files/87413329-79fc-4390-853e-a27f3ef5cf5c/Part%2520of%2520the%2520Picture%25207.pdf)

[Dual diagnosis toolkit: Mental Health and substance misuse](http://www.turning-point.co.uk/media/1103612/dualdiagnosistoolkit.pdf)

[Promoting the health and wellbeing of gay bisexual and other men who have sex with men](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/401005/PHEMSMActionPlan.pdf)

[Transgender Inclusion in Drug and Alcohol Services](https://www.scottishtrans.org/wp-content/uploads/2016/12/drug-and-alcohol-mini-report.pdf)